

***Frederick L. Peterson, Jr., Psy.D.***

***Curriculum Vitae***

**Business Mailing Address, Phone, and E-Mail**

Dr. Frederick Peterson  
Health Behavior Coordinator (Health Psychologist)  
Health Promotion & Disease Prevention Program  
VA Medical Center, Chillicothe, Ohio Campus  
Department of Veterans Affairs  
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**Education**

- 1993-94 **Master and Johnson Institute**, St. Louis, Missouri;  
VA Sabbatical for Post-Doctorate Clinical Fellowship in  
Clinical Sexuality and Sex Therapy Consultation, under  
the supervision of William Masters, M.D. and Mark  
Schwartz, Sc.D.
- 1984-85 **Wright State University**, Dayton, Ohio Post-Doctorate  
Fellowship with School of Professional Psychology,  
Supporting the Emotional Needs of the Gifted (SENG)
- 1984 **Wright State University**, Dayton, Ohio; School of  
Professional Psychology, Received Doctorate of  
Psychology (Psy.D.)
- 1983-84 **Consortium Residency Program (CRP)**, School of  
Professional Psychology, WSU (APA approved  
internship).
- 1979-80 **University of Dayton**, Dayton, Ohio; One year  
graduate training in Clinical Psychology
- 1977-79 **Ohio State University**, Columbus, Ohio; Bachelor of  
Science in Education, Social Science Focus
- 1975-77 **Kent State University**, Ashtabula, Ohio; Two years of  
undergraduate study on scholarship funding
- 1971-75 **Edgewood Senior High School**, Ashtabula, Ohio

## Academic Appointments

- 2011-Present **Clinical Assistant Professor of Psychology  
Department of Specialty Medicine  
College of Osteopathic Medicine  
Ohio University, Athens, Ohio**  
Teaching in Psychiatry Residency
- 1988-2010 **Clinical Assistant Professor, School of Graduate  
Studies, College of Education and Human Services,  
Division of Professional Development, Wright State  
University** “Human Sexuality and Counseling,” “Safe  
Schools Program: Preventing Harassment of Sexual  
Minority Students,” “Death and Dying”, “Men’s Health  
and Wellbeing.”
- 2009-2010 **Faculty Mentor/Instructor, Antioch University  
Macgregor, Yellow Springs Ohio.** Faculty and mentor  
to master degree candidate for degree completion with  
Masters of Science in Human Sexuality.
- 1988-2009 **Assistant Professor, School of Medicine,  
Department of Psychiatry, Wright State University**  
Faculty for “Introduction to Sex Health & Sex Therapy”  
and “Cultural Diversity in Clinical Practice.” Past  
Member of CME Committee & Accreditation Panel,  
Internal Review Chair. 1987-97 served as Secretary to  
Deans’ Committee and VA representative to Residency  
Education Committee and Dayton Area Graduate  
Medical Education Consortium.
- 1986-2009 **Clinical Assistant Professor, School of Professional  
Psychology, Wright State University** Search Comm.  
For Dean, Student Selection Committee, faculty for  
Sexual Health & Sex Therapy, History of Psychology,  
and Human Life-Span Development.
- 1994-2002 **Adjunct Associate Professor of Management,  
College of Business & Administration, Wright State  
University** “Organizational Assessment and  
Consultation”. Research in gender issues in healthcare  
management as well as faculty for Organizational  
Assessment and Consultation.
- 1999-2010 **Adjunct Professor of Psychology, University of  
Dayton, “Human Sexuality.”** Psychology 462

## Professional Experience

- 2010-Present **Health Behavior Coordinator/Health Psychologist**  
Health Promotion & Disease Prevention Program,  
Department of Veterans Affairs Medical Center,  
Chillicothe, Ohio. Training and coaching of staff in  
primary care and mental health clinics in health  
promotion/disease prevention model. Also provides  
cultural competency training & clinical consultation.
- 1995-Present **Clinical Psychologist & Sexual Health Consultant**  
The Flexman Clinic, Private Practice in Sexual Health  
& Clinical Psychology, Dayton, Ohio. Provides  
evaluation and treatment services limited to the  
specialty areas of sexual health and gender, including  
sex offender assessment, sexual addiction, sexual  
dysfunction, sexual trauma, and transgender issues.
- 1997-2008 **Staff Psychologist serving as Director of Sexual  
Health Clinic & Internship Co-Director (full-time)**  
Department of Veterans Affairs Medical Center,  
Dayton, Ohio. Co-Director of the APA-Approved  
Psychology Internship Program (1997-2007).  
Conducted treatment, education, and research in  
clinical sexuality. Coordinator, Smoking Cessation  
Services, chaired Tobacco Use Treatment and  
Research Consortium for Ohio VA. Trainer and  
consultant for staff education. Conducted research in  
tobacco use, gender variables and sexual satisfaction  
measurement. Coordinated Veteran's Writing Project  
& Veterans History Project.
- 2007-2008 **Columnist (part-time)**  
"Speaking of Sex" – sex advise column in PULSE  
newspaper for metropolitan area of Cincinnati Ohio
- 1997-2001 **Consulting Clinical Psychologist (part-time)**  
Grandview/Southview Hospitals, Dayton, Ohio  
Psychological assessment to psychiatric inpatients as  
well as medical/surgical population via medical  
consultation.
- 1995-2001 **Professional Speaker (part-time)**  
American Healthcare Institute, Baltimore, Maryland  
Provides continuing education workshops for mental  
health professionals on the topics of sexuality in mostly  
east coast locations.

**Professional Experience  
Continued**

- 1987-1997 **Associate Chief of Staff, Education (full-time)**  
(Director of Medical Education position)  
Department of Veteran Affairs Medical Center, Dayton  
Senior executive responsible for all patient health education, staff education, and professional education. Director of Wright State University Medical Residency Programs at VA Medical Center, Dayton. Liaison for the Mid-Atlantic Regional Medical Education Center and for over forty affiliated institutions of higher education.
- 1986-2003 **Health Psychologist and Education (part-time)**  
Center for Health Education, Department of Birth and Family Education, Miami Valley Hospital, Dayton, Ohio  
Provides parenting education to fathers of infants in the "Dads and Babies Class" (monthly).
- 1992-1993 **Consulting Psychologist (part-time)**  
Department of Mental Retardation, State of Ohio  
Montgomery Developmental Center, Huber Heights, Ohio. Provided process and case consultation and staff training.
- 1991-1993 **Consulting Psychologist (part-time)**  
Positive Focus Counseling Associates, Dayton, Ohio  
Lead men's group and provided sex therapy.
- 1988-1990 **Health Psychologist and Perinatal Education (part-time)**  
St. Elizabeth Medical Center, Dayton, Ohio  
Taught Family Centered Perinatal Education, a newly developed model of combined prenatal-postpartum childbirth and parenting education. (weekly).
- 1986-1987 **Consulting Clinical Psychologist (part-time)**  
Behavioral Science Center, Cincinnati, Ohio  
Provided psychodiagnostic screening services for security clearance employees at the Bessie-Davis Nuclear Power Plant of the Toledo Edison Company, Toledo, Ohio
- 1985-1987 **Staff Psychologist (full-time)**  
Department of Veterans Affairs Medical Center, Dayton, Ohio. Director of smoking cessation program and health psychology consultant to renal dialysis, oncology, and surgery units. Research in the areas of smoking cessation & health attitude toward contagious diseases.

## Professional Training Experiences

- 1983 **Psychological Services Center**, WSU, Dayton, Ohio. Outpatient psychological services.
- 1983 **Eating Disorder Clinic**, WSU, Dayton, Ohio. Outpatient treatment of anorexia and bulimia eating disorders.
- 1982 **Gordon A. Harris and Associates**, Dayton, Ohio. Outpatient assessment and therapy for children.
- 1982 **Shiloh Center for Human Growth**, George Kohrieser and Associates, Dayton, Ohio. Outpatient psychological services and consultation to Dayton Police Academy.
- 1981 **Copehouse of Dayton**, Dayton, Ohio. Night Supervisor for a residential corrections facility.
- 1980 **Resident Home Association for the Mentally Retarded**, Dayton, Ohio. Home Coordinator for group home for MR/DD individuals.
- 1979 **DayMont West Community Mental Health Center**, Trotwood, Ohio. Psychological Aide.

## Specialized Training/Certifications/License

- 2011-2014 **American Association of Sex Educators, Counselors, and Therapists**—Member of ASSECT and **Certified Sex Therapist**.
- 1996-2002 **American Red Cross**—Member of the Disaster Mental Health Team
- 1992-1998 **AIDS Foundation of Miami Valley**—Served as teaching faculty for the Buddy Training Program
- 1989-90 **Management Development Program**—Graduate of one year mid-level management program at Management Training Center, Richmond, Virginia.
- 1987 **American Lung Association**—Freedom From Smoking Program Leader

### Specialized Training/Certifications/License continued

- 1986 **Kinsey Institute for Research in Sex, Gender, and Reproduction**—Summer Institute
- 1986 **Ohio Psychology License**—Licensed Psychologist #3738.

### Funded Research Projects

- 2011-2012 **Developing Tobacco Use Cessation Services for Rural Appalachian Veterans** funded by VA National Public Health Grant Program.
- 2002-2004 **Clinical Skills Development in Sexual Health**, funded by Pfizer Pharmaceuticals to train mental health professionals to become certified sex therapists.
- 1999-2000 **Guideline Implementation for Tobacco (GIFT Study)** Site Principle Investigator for multi-site study of the implementation of the AHCPR's guidelines on smoking cessation, funded by DVA.
- 1998-1999 **Bupropion Trial for Smoking Cessation by Combining Zyban and Nicotine Replacement Therapy in a Veteran Population.** Pilot project evaluating efficacy of combined therapies for quality improvement of smoking cessation services. Funded by the School of Medicine, Wright State University.
- 1994-1995 **Seven Year Comparison Study of Organizational Culture and Change Using the Survey of Organizations.** Collaborative research between Department of Veterans Affairs and the College of Business and Administration, Wright State University. Organizational assessment and consultation project involving over 700 subjects and comparing 1995 data to a 1988 database using the same instrument. Also provided three quarter multidisciplinary academic experience in organizational assessment and consultation. Funded through VA and Wright State University.

**Funded Research Projects continued**

- 1991-1992 **Training Needs, Gender, and Perceptions of Managerial Competence in Federal Healthcare Management.** Collaborative research between Department of Veterans Affairs and College of Business and Administration, Wright State University. Multi-site project with data collection and organizational consultation involving 320 subjects at five VA facilities. Funded by university Grants.
- 1990-1991 **The Cooperative Buddy Training Project.** Public-private collaborative research between Department of Veterans Affairs and AIDS Foundation, Dayton, into effectiveness of training volunteers to become support providers to people with AIDS. Funded grant from the Department of Veterans Affairs.

**Research Presentations**

- 2011 **Appalachian Studies Association,** 34<sup>th</sup> Annual Conference, Richmond, Kentucky. Better Serving Veterans In Ohio Appalachia: Using the Mountain Metaphor to Develop Culturally Competent Among Healthcare Professionals (Lead author with several co-authors).
- 2010 **Ohio Psychological Association,** Annual Conference, Columbus Ohio. Re-defining the Sexual Identity and the Sexual Health and Wellness Satisfaction Scale.
- 2007 **Society for the Scientific Study of Sexuality,** National Conference, Indianapolis, Indiana. The Life and Death of Masturbation as a Disease: Clinical Implications for Sex Addiction Treatment (Co-authored with Dr. Sarah Wright).
- 2006 **Association of Medical Services of the United States (AMSUS),** Annual Association Conference San Antonio. Healing Message & Healing Heroes.
- 2005 **Association of Psychology Postdoctoral and Internship Graduate Education,** Annual Association Conference, Orlando, Florida. Intern Application Summary Score as a Quality Assurance Measure of Psychology Graduate Education.

## Research Presentations

- 2005 **National Parents Teachers Association**, Annual Convention in Columbus, Ohio. The PFLAG Safe Schools Program. A Multidisciplinary Model of Preventing Harassment of GLBT Students.
- 2001 **American Psychological Association**, Annual Convention in San Francisco, California. Men's Issues in the VA: A Five-year Replication Study (Div. 18—Psychologists in Public Service)
- 2000 **American Psychological Association**, Annual Convention in Washington D.C. Symposium: Best Practice Model of Smoking Cessation. (Div. 18—Psychologists in Public Service)
- 1999 **American Psychological Association**, accepted for Annual Convention in Boston, Massachusetts. Gender Role Conflict as Risk Factor Among Mail Smokers. Society for the Psychological Study of Men and Masculinity (Div. 51).
- 1995 **The Sixth World Interdisciplinary Conference on Male Sexual Victimization**, Columbus, Ohio. Treating Male Sexual Trauma Survivors in the VA: Results of a National Survey of Men's Issues.
- 1995 **American Psychological Association**, Annual convention in New York, New York. Chair of Symposium, Consultation in Federal Healthcare: Managerial Behavior, Training and Gender (Div. 13—Consulting Psychology)
- 1995 **American Psychological Association**, Annual Convention in New York, New York. Chair of Symposium, Men's Issues in the VA: National Follow-up Study (Div. 18—Psychologists in Public Service).
- 1994 **International Society for Traumatic Stress Studies** Annual Conference in Chicago, Illinois. Repressed Memories of Childhood Sexual Abuse: A Preliminary Report.



**Research Presentations**

- 1994 **American Association of Sex Educators, Counselors, and Therapists**, Annual Conference in Louisville, Kentucky. Sexuality and People with MR/DD Attitudes, Training and Consultation.
- 1993 **American Psychological Association**, Annual Convention in Toronto, Canada. Men's Gender Issues in the VA: A Pilot Study (Div. 18—Psychologists in Public Service).
- 1993 **American Psychological Association**, Annual Convention in Toronto, Canada. Organizational Development in VA Medical Centers (Div. 13).
- 1992 **Association of Nurses in AIDS Care**, National Conference in Orlando, Florida. The Cooperative Buddy Training Program
- 1992 **American Psychological Association**, Centennial Convention in Washington, D.C. Chaired Symposium on Men's Studies in the VA: Innovations for Treating Mail Veterans (Div. 18—Psychologists in Public Service).
- 1991 **American Association of Sex Educators, Counselors and Therapists**, Annual AASECT Conference in Orlando, Florida. Relationship Between Perceptions of Managerial Competence and Sex Role.
- 1991 **American Psychological Association**, Annual Convention in San Francisco, California. Sexuality and Disability: A Workshop for Nursing Practice (Div. 22—Rehabilitation Psychology)
- 1991 **American Psychological Association**, Annual Convention in San Francisco, California. A Developmental Approach to Health Care Management Training (Div. 14—Society for Industrial and Org. Psychology).
- 1991 **American Society for Psychoprophylaxis in Obstetrics**, Annual Convention in Atlanta, Georgia. Promoting Family Centered Childbirth Education.

## Research Presentations

- 1990 **American Psychological Association**, Annual Convention in Boston, Massachusetts. Promoting Fathering and Family Centered Childbirth Education (Div. 43—Family Psychology).
- 1990 **American Psychological Association**, Annual Convention in Boston, Massachusetts. Organizational Assessment for Management Development in VA Medical Centers (Div. 18—Psychologists in Public Service).
- 1989 **National Organization of Changing Men**, First Annual Men's Studies Conference, Pittsburg, PA. Promoting Fathering and Greater Father Interaction with Infants via the Father & Baby Class.
- 1987 **American Psychological Association**, Annual Convention, New York, New York. Fear of Contagion and Scabiphobia Explored: Knowledge and Attitude Towards Scabies Among Hospital Personnel (Div. 38—Health Psychology).
- 1986 **American Psychological Association**, Annual Convention in Washington, D.C. Transition Into Parenthood: A Pilot Project of the Expectant Couple's Enrichment Class (Div. 37—Child, Youth, and Family).

## Publications

### Books

- 2010 Raj, R., Raj, M. & **Peterson**, F. Joyful, Healthy Sex: Fundamental Education. New Delhi, India: B.R. Publishing Corporation.
- 2007 VandeCreek, L., **Peterson**, F. & Bley, J. (Eds.). Innovations in Clinical Practice: Focus on Sexual Health. Sarasota, FL: Professional Resource Press. Book Chapters written within this edited text:
- Bley, J. & **Peterson**, F. Making Sexual Health a Part of Your Mental Health Practice.
- Peterson**, F. & Furest, D. Assessment and Treatment of Erection Dysfunction.

Haffey, B., **Peterson**, F., Bley, J. & Glaus, K.  
Addressing Sexual Health Concerns of Sexual  
Minority Clients

**Peterson**, F., Dobbins, J., Coleman, F. & Razzouk,  
J. Culturally Competent Sex Therapy.

**Publications (continued)**  
**Book Chapters**

- 2005 **Peterson**, F. & Bley, J. Development of a Sexual Health Component in Your Practice. Found in Innovations in Clinical Practice: Focus on Health & Wellness. (Eds.) Vandercreek, L. & Allen, J. Sarasota: Professional Resource Press.
- 2002 **Peterson**, F., Coleman, F., Dobbins, J. & Boyce, J. Understanding the Importance of Cultural Competency in Consultation, Psychotherapy and Supervision: Clinical Vignettes. Found in Innovations in Clinical Practice: A Source Book, Volume 20. (Eds.) Vandercreek, L.; Knapp, S., & Jackson, T. Sarasota: Professional Resource Press.
- 2001 **Peterson**, F. & Scherer, R. Developing Worksite Smoking Cessation Programs. Found in Innovations in Clinical Practice: A Source Book. (Eds.) Vandercreek, L.; Knapp, S., & Jackson, T. Sarasota: Professional Resource Press.
- 2000 **Peterson**, F. The Assessment and Treatment of Erectile Dysfunction: From the Basics to Beyond Viagra. Found in Innovations in Clinical Practice: A Source Book. (Eds.) Vandercreek, L.; Knapp, S., & Jackson, T. Sarasota: Professional Resource Press.
- 1993 Peterson, K. & **Peterson**, F. "Family Centered Perinatal Education." Lead chapter in Clinical Issues in Perinatal and Women's Health Nursing. Nichols, F (Ed.). Philadelphia: J.B. Lippincott Company.
- 1993 **Peterson**, F. "Institutionalized Sexism Against Men". Book chapter in Solutions to Problems of Race; Class, and Gender. McClean, V (Ed.) Dubuque: Kendal/Hunt Publishing Company.

**Professional Journals**

(Peer-Reviewed)

- 2000 **Peterson, F.**, Cooper, R., and Scherer, R. Organizations Change: Initial Results in a Health Care Setting. Psychological Reports. Vol 86, 608-610.
- 1998 Cooper, R., Scherer, R., **Peterson, F.** "Training Organizational Assessment and Consultation Skills." The Psychologist-Manager Journal. 2(2), 59-66.
- 1996 Scherer, R., **Peterson, F.**, Cooper, R. "Training Resources Decision Matrix." Training Today, (July/August), 8-9.
- 1995 Scherer, R., Canty, A., **Peterson, F.**, Cooper, R. "Identification of Managerial Behavior Dimensions in a Federal Health-Care Agency." Psychological Reports, V. 76, 675-679.
- 1992 Finger, W., Stack, E., & **Peterson, F.** "Education in Sexuality for Nurses." Journal of Sex and Disability. 10(2), 81-90.
- 1987 **Peterson, F.**, Peterson, K., Redman, E., Nicholls, C., & Blasenak, B. "Strike While the Iron is Hot: Combining Childbirth Education, Parenting Training, and Social Support." International Journal of Childbirth Education, V. 2, No. 2.

**Publications**

Non-Peer Reviewed

Publications of Significance

- 2008 **Peterson, F.** Contributor to on-line education website HealingHeadquarters.com.
- 2007 – 2008 **Peterson, F.** Contributor to "Speaking of Sex", a sex advice column published in the PULSE DownTowner newspaper, Cincinnati, Ohio.
- 2003 **Peterson, F.** Questions for Americans. The Weekly Impact. Volume 10, Number 48.
- 2003 Interviewed and profiled by Brunning, J. Sexual Health Crusader Protects Kids. Health Care Today, Vol. 4, July Issue.

- 2000 **Peterson, F.** “Why Are Americans So Weird About Breastfeeding?” The Weekly Impact, Volume 8, Number 10.
- 1999 **Peterson, F.** Contributing psychologist to the VA Sildenafil Review Committee, which developed the “National VA Guidelines for the Pharmacologic Management of Erectile Dysfunction” Published by the Strategic Health Group and Medical Advisory Panel, Pharmacy Benefits Management Division, Department of Veterans Affairs.
- 1999 **Peterson, F.** “Dispelling Sexual Myths.” The Weekly Impact, March. Volume 7, Number 10.
- 1990 **Peterson, F., Harper, A., & Lewis, L.** “New Traditions in VA Partnerships.” The VA Practitioner. Vol. 7, No. 2.
- 1989 **Peterson, F.** “Case Studies in Smoking Cessation: VA Medical Center, Dayton, Ohio.” The Smoking Cessation Resource Directory. VA Headquarters, Washington, D.C., p.8-9.
- 1986 **Peterson, F.** “Institutionalized Sexism Against Men.” The University of Dayton Review, V. 18, No.2.

### 2011-12 Projects

**Research:** A Screening Tool to Facilitate Physician-Patient Communication on Sexual Health: The Sexual Health and Wellness Satisfaction Scale “SHAWS” (plan test-retest reliability & validity study)

**Academics:** Developing on-line courses on sexual health topics for continuing education credit available to educators and mental health providers.

**Publications:** Third book, with the working title *The New Sexual Health: Understanding, Accepting & Enhancing Your Personal Sexuality*.

### Professional Interests

Health Promotion & Disease Prevention, Cultural Competency Healthcare/Training, Sexuality and Gender, Family-Centered Perinatal Education, Fathering & Men’s Studies, Health Psychology, Primary Prevention, Transition Into Parenthood.